

## Matthew 6:25-34

### Bible Study Tools and Techniques



**Cross References:** Look up other related verses using a Study Bible. Let Scripture interpret



**Resources:** Use a Bible Dictionary, an ESV Study Bible, and Concordance to help you learn and study.




**Genres:** Pay attention to the genre of the passage you are studying (history, poetry, letters, etc).

*Before you read, ask God to open your eyes to his word. Ask for Him, through the power of his Spirit, to apply his word to your heart and to allow you to continually see your need for your Savior. Pray for God to expose your lack of trust in him to supply your needs and provide for you according to His sovereign will.*

**Then read Matthew 6:25-34.**

### **Comprehension (What does it say?)**

1. Verse 25 begins with the word “therefore” which links to the previous thought. What is Jesus telling his disciples in vs. 24?
2. What does Jesus command in verse 25? Why does he command this?
3. In this passage how many times does Jesus state “Don’t be anxious?” What then is the main point of this passage?
4. Read verse 25 and verse 31. What are similar about these verses? Ultimately, what is Jesus telling us not to worry about?
5. How does Jesus use the word “Gentile” in this context? What do Gentiles seek after (verse 32)? 

### **Interpretation (What does it mean?)**

1. Aside from verses 25, How many other times is the word “therefore” used in this passage? What is the previous thought that Jesus is implying before each usage of the word “therefore”?

2. Read Philippians 4:6-7. As opposed to being anxious, what are we as believers supposed to do and how are we supposed to do it (verse 6)? What will happen as a result (verse 7)? ⇌

3. What examples from nature does Jesus use to remind us of God's provision? How are humans different from these examples, and why should we expect God to meet the needs of humans over other examples from nature that Jesus uses? (See Genesis 1:27-28) ⇌

4. Jesus began this passage with the words "therefore" linking us back to verse 24. How does serving God fully allow us to rest in his sovereign provision for our lives?

5. What does Jesus state that we should seek after as believers? As a result, what does Jesus promise?

6. How has God shown his love for us to meet our ultimate need of redemption? (See John 3:16) ⇌

### **Application (How should it *change me*?)**

1. How does Jesus show anxiety to be ultimately an issue of our trust in the Father's provision and sovereignty?

2. What are the things you find yourself anxious about? Pray for God to expose your lack of trust in him as your Master.

3. List all of the ways God has been faithful to you the past year. Thank God for His goodness and provision over your life.

4. Do you daily seek the Kingdom of God and his righteousness (ie, the provision of reconciliation found in Christ and his perfect righteousness that is merited to you) before you become anxious? Why or why not?

*Pray for the Spirit to convict you of your worry and lack of trust in the Father. Ask God to increase your trust in Him. Remind yourself of your identity as a child of God, one made in his image. Remind yourself daily that your greatest need has been met. Your sins have been paid for and you are considered righteous because of the work of Christ. Rest in that truth and allow the Spirit to work in your heart as meditate on his word this week.*

### **For Further Study:**

Read Job 38:4, Romans 8:31-39, Philippians 4:4-7